

National Service Scheme
University of Calicut
Proforma for submitting annual Report 2019-2020

1. Name of College:- SREE KRISHNA COLLEGE,GURUVAYUR

2. Unit No: 190 & 191

3. Name of Programme Officer: DR. MANU K. M., Smt. SREELATHA E

4. Adopted Village:KANDANASSERY

5. Enrolment Details:(2019-2020)

Newly enrolled (First year Volunteers):

Unit 190

O.C			S.C			S.T		
Male	Female	Total	Male	Female	Total	Male	Female	Total
15	35	50	2	5	7	0	0	0

Unit 191

O.C			S.C			S.T		
Male	Female	Total	Male	Female	Total	Male	Female	Total
19	26	45	4	6	10	2	0	2

Continued (Second year Volunteers):

Unit 190

O.C			S.C			S.T		
Male	Female	Total	Male	Female	Total	Male	Female	Total
8	32	40	3	6	9	1	1	2

Unit 191

O.C			S.C			S.T		
Male	Female	Total	Male	Female	Total	Male	Female	Total
15	24	39	6	8	14	2	0	2

6. Details of special camp conducted during the year:

Details of the Camp (Place,date, Venue)	No of Volunteers attended			Work undertaken	Status of Work
	Male	Female	Total		
Guruvayoor Devawom English Medium School, Guruvayur, 20-26 December 2019	27	65	92	"Thanalkootam" 1. Palliative survey in association with Life care Movement Society, Guruvayur 2. Silpakar Craft work 3. Orientation classes 4. Street paly in association with Excise Dept.	Completed

7. Training Status of Programme Officer:- Trained /Untrained

Trained (both)

8. Status of Abhayam Project (So far)

SI No	Beneficiary name & Address	Status	Photo of House

9. Status implementation of “Koodé”

No of Programmes Conducted	2
No of Children helped	0
No of Contact points established.	0

10. Environmental enrichment Programme

No of plantation Programmes Conducted	1
No of Saplings Planted	30
No Environmental Awareness Programmes Conducted	1

11. Blood Donation

No of Programmes / Camps Conducted	0
No of volunteers donated blood	0
No of Units of Blood donated	0

12. Water Harvesting / Water resource restoration / Distillation

No of water bodies cleaned	Well	0
	Pond	0
	River	0
	Check dam	0
No of Water bodies restored / rejuvenated	Well	0
	Pond	0
	River	0

	Check dam	0
No Water Harvesting bodies constructed	Well	0
	Pond	0
	River	0
	Check dam	0
Water resource – Awareness Programmes	0	

13. Agricultural Activities

Area of Cultivation(give details of Crops)	30 Cent, Ladies Finger, Spinach, Tapioca
Monitory Value created	0
Assistance / Awareness to farmers	0

14. Awareness Programmes / Seminars

Medical Camps	0
Pulse Polio immunization	0
Anti Narcotic / Anti Drug Awareness	2
Women Empowerment	2
Swachh Bharath	4
Jal Shakthi	0
Basic Life Support	0
Any other	Palliative Care Training Programmes,

15. Bio Diversity Parks

Bio Diversity parks Constructed	Campus	0
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	Public Places	0
	Adopted Vilaage	0

Attach detailed annual report with action photographs

Detailed Report - Regular Work 2019-20 Unit no: 190 & 191

Sree Krishna College has two NSS units (190 & 191) which function under the supervision of two programme officers - Dr. Manu K. M. and Smt. Sreelatha E. The total no: of volunteers in NSS unit No: 190 is 108 in which 57 students were newly enrolled students (2019 Admissions). In Unit No. 191, total no: of volunteers were 112 in which 57 students were newly enrolled volunteers.

In regular activities, volunteers undertake various programmes in the adopted village and college. The programmes include orientation classes for volunteers, awareness classes in connection with drug abuse, Pain & Palliative Care, Health related activites etc. In 2019-20, the NSS units 190 & 191 jointly organized some women empowerment programmes, transgender awareness programmes, oganic farming and Swachatha programmes inside the campus and also in Adopted village.

Some major programmes organized by the NSS Units 190 & 191 are as follows.\

Environment Day Celebration:

The World Environment Day was on June 5, 2019. On 14 June 2019, 30 tree saplings were planted inside the campus. These include Jack fruit, Guava, Pomegranates etc. The College Principal interacted with the students during Environmental Day Celebrations and gave proper advices to protect our environment.

Awareness Class against Child Labour:

On 12 June 2019, Social Activist Panchamy Babu delivered an awareness class to NSS volunteers. Students participated the poster making competition organized by NSS volunteers as a part of this awareness programme.

“Vayana Dinam and Vayana Varacharnam”

On 19 June 2019, a recitation competition was organized by NSS for degree students of our college. Moreover, poem writing completion was organized on in various departments as a part of vayanavaram from 18 June 2019 to 22 June 2019. Books were given as prizes to the winners.

'DASHAPUSHPAM' COMPETITION (17-JULY-2019)

NSS SKC has conducted a competition named 'Dashapushpam' on the basis of 'Karkkidakam 1'.

The

competition was about the 'Dashapushpam', our cultral concept. Game starts with a random selection of a pic of 'Dashapushpam' and identifying it. The game helped to measure the cultural awareness status of this generation. Aishwarya from B.Sc. Mathematics 2nd year was the winner. Programme started at 12:30PM and concluded at 1:30PM.

YOUTH SKILL DAY (17-7-2019)

NSS SKC has conducted a musical evening named 'MEHFIL' on 7th July 2019. The programme was

conducted by the part of Youth Skill Day. It was not just a musical evening, also a workshop on

Tabala and Music. Tabala workshop was lead by Ravi Balagopal, Interzone Hat-trick winner on Tabala solo and also a former SKC student. Music session was lead by Ayisha, D Zone winner on vocal, also student of SKC. They made a wonderful musical session also with the background of Tabala. Musical evening was conducted 2:00PM - 4:00PM

Health Awareness Class (24-7-2019)

An orientation class was conducted on 24th July. The class was about the importance of destruction of mosquitoes from the surrounding. Class was taken by Mr. Manoj, Health Inspector, Kandanassery PHC. He also conducted a session on the survey at next day conducted by Kandanassery Panchayath about the situations of breeding of mosquitoes.

Health Survey (26-7-2019)

NSS SKC participated in a survey, which was conducted by Kandanassery Panchayat. Aim of the survey was to study about the breeding of mosquitoes in the panchayat, and to destroy it. Ariyannoor was our survey area. We covered every house in Ariyannoor and found the possible situations for the mosquitoes. We destroyed the origins as we can and calculated it. Survey took 1 and half hours.(2:00PM - 3:30PM)

BREAST FEEDING WEEK (5-8-2019)

On the Breast Feeding Week Celebration, NSS SKC was conducted an orientation class to PG students of Sree Krishna College on 5 August 2019. Class was taken by Health Department. So many Honourable persons were appeared on the programme. Assistant Health Inspector Mr. Prem Raj, Child Development Department Representative Mrs. Shima, Anganavadi workers from Kandanassery, Mattom, Koonammoochi and Ariyannur were decorated the chairs. Public Health Nurse of PHC Mattom, Mrs. Lala led the orientation class.

Flood Relief :

On the Independence day, NSS SKC has decided to open a collection point at college as a relief from Kerala Flood 2019. Volunteers reached at college on 10:00AM with essential materials for rescue camps. Volunteers collected various things like, Flour, Napkins, Biscuits etc. from the nearby houses in Ariyannur. The collection point was a great foot step and we collected relief materials from the people. The materials were transported to Thrissur Collector Office after 3:00PM.

Mental Health Awareness (17-8-2019)

A Mental Health Awareness Class were conducted at Government Mental Health Centre, West Fort, Thrissur. Two Volunteers attended the class.. Programme was very intensive. They could distinguish various type of mental disorders and they were allowed to interact with the patients.. There are numerous patients inside the center. Someone were a little violent, and some were little gloomy.

Visit to Smrithipadam – Dementia Center (7-9-2019).

NSS SKC celebrated their Onam with alzheimer patients on 7 September 2019. We visited a Dementia Centre – Smruthipadham at Kunnankulam. They are providing intensive care for alzheimer patients daily. Volunteers have decided to celebrated Onam with them. There were 9 regular patients at Smrithipadam. Volunteers visited the center and provided a 'Onasadya' for them. We interacted with them and staged some cultural programmes to make them satisfied and happy.

Parinaya Sadya (12-09-2019)

NSS SKC and Athazhakkootam, Guruvayur mutually volunteered at a marriage function at Pancharamukku Guruvayur. The family was financially little backward. So we hrlped them to serve food for the guests. Food was prepared by Athaazhakkootam with the leadership of Mr. Shabeer. 1st year volunteers were participated at the function with their full energy and responsibilities. They have coordinated the food session with a great leadership like professionals. It was a different experience for all.

NSS DAY (24-09-2019)

On November 24th, NSS SKC celebrated the NSS Day with a flag hosting. Programme started at 10:00 AM. Programme started with NSS Prayer by college choir. Prof. D. Jayaprasad, Principal, SKC inaugurated the programme and spend some time to speak with volunteers. Prf. Vijoy also spoke with volunteers and gave a message about service. He gave some importance guidance on future NSS programmes and shared his ideas about NSS and Social services.

BLOCK LEVEL SPEECH COMPETITION (27-09-2019)

NSS SKC and Yuvakendra mutually conducted a Speech Competition on 27th September 2019. The topic for the speech is "Patriotism And National Building". 6 Volunteers were participated for the competition. Each and every one has shared their own vision on the topic. All the participants were encouraged whole audience with energetic words. Sangeeth from 3rd Year Bio Chemistry was selected to the next level competition.

GANDHI JAYANTHI (02-10-2019) Railway Station Cleaning

On 2nd October, we have cleaned Guruvayur Railway station.. We reached guruvayur railway station at 10:00 AM. Three nearby colleges were also participated in this programme. The duty applied on us was, clean a big portion of the station without any plastic material and weed.

ORIENTATION CLASSES FOR NSS Volunteers:

1. Orientation classes for new volunteers about History and functioning of NSS volunteers on 05.10.2019.
2. Orientation class & Pre Camp orientation class by the programme officers on 15.12.2019

Transgender Awareness Class:

In association with Social Welfare Department of kandanassery panchayath, NSS Units organized a painting competition for students on 25.10.2019 morning. In the afternoon, Ms. Sheethal Shyam (Transgender Activist) interacted with our volunteers and delivered a . It was really an exciting experience for them.

Training Programme for Palliative Care:

On 11 November 2019, we organized a palliative care training programme for NSS volunteers in association with Pain & Palliative Care Society, Thrissur. An orientation class was conducted by Ms. Jyothi Jayan, co-ordinator for Students' initiative in Palliative care, Pain & Palliative Care Society, Thrissur. Prof. Gokuldas (Former HoD of Zoology & Famous Social activist in Thrissur) inaugurated the event. Mr. Akhil, student volunteer in Palliative care also interacted with volunteers. The aim of this programme was to select some student volunteers from our college for involving them in palliative care activity. After this exciting programme, seven volunteers from NSS SKC units actively involved in the palliative care activities on every Sunday. These students got chances to visit the patients with palliative workers in nearby places in Thrissur town. The volunteers interacted with the patients and it was a great relief for the patients.

Children's Day Celebration:

On 14 November 2019, we invited the kids and teachers of Anganwadi, Ariyannur. The volunteers interacted with the kids and such an interaction was really interesting for the volunteers as well as the kids.

Flash Mob at Guruvayur:

A flash mob was conducted by the NSS volunteers as a part of Rally organized by Life Care Movement Society, Guruvayur on 22.11.2019 to promote palliative care activities.

Human Chain : World AIDS Day at Thrissur:

Volunteers actively involved in Human Chain at Swaraj Round organized by the District Police, Thrissur.

Postal Day Celebration:

Postal day celebrations – October 2019

“Sandesam Post cardilooode” was the theme of programme which made awareness about post office activities of India Govt. A large no; of teachers and students participated in the programme by writing letters to their friends using inlands.

Data Collection Survey – in connection with Mahatma Gandhi NREGA State Mission

On 23 February 2020 & 25 February 2020 Volunteers actively involved in the data collection survey organized by the Chowannur Block Panchayath for collecting data in connection with Mahatma Gandhi NREGA State Mission. Thirteen three volunteers wer participated in this programme in 16 wards of Kanadanassery Panchayath.

Activities conducted on regular Basis:

1. **Organic Farming**
2. **Swach Bharath cleaning inside campus and Campus premises.**
3. **Annapoorna - Distribution of food packets (at least 30) on every Wednesday with the Help of Athazhakootam in Guruvayur town to the needy people. Volunteers collect food packets from teachers and students and distribute these to poor people in Guruvayur Town.**

Major Days Celebrated:

1. World Environment day
2. Yoga Day
3. Antidrug day
4. Vayanadinam
5. NSS Day
6. Postal Day
7. Palliative Day
8. Independence Day
9. World AIDS day
10. Republic Day
11. National Science Day

Smt. Sreelatha E

Dr.Manu K. M.

Principal

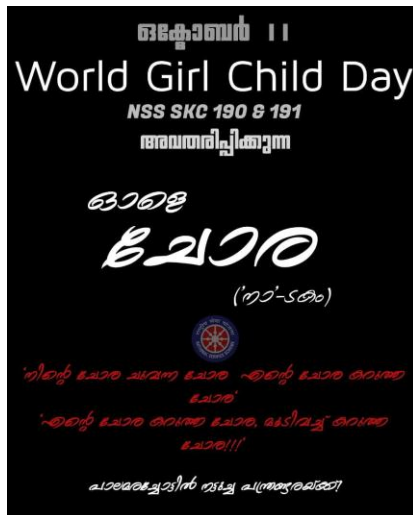
Environmental Activities- 14 June 2019



Vayanavaram – 18 – 22 June 2019



Street Play – World Girl Child Day



Flood Relief Collection of Relief Materials –

August 15, 2010



Guruvayur Railway Station Cleaning – Gandhi Jayanthi



NSS Day – 24 September 2019



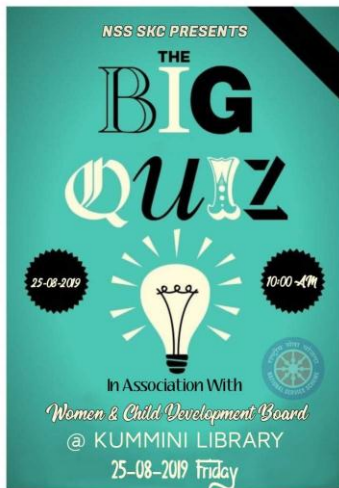
Visit to Dementia Center - Smrithipadham



Annapoorna – Food Packet Distribution



Transgender Awareness Class and Painting & Pencil Drawing Competition – 25 October 2019



First Aid Camp at Guruvayur – Life Care Movement Society – IMA hall



